

## About Us

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### Our History

- The Cellar Trust was established by a group of social workers in the late 1980s following the closure of a number of local mental health hospitals.
- The Cellar Trust initially provided a space for meaningful activities like woodwork and horticulture for people with mental health problems.
- Over time, we expanded our services to focus on employment support, help for people in crisis and the provision of wellbeing focused self-help.
- We have doubled in size in the past 3 years terms of our number of staff, the services we provide and our turnover. We are continuing to diversify and improve our services.

### Our Services

Broadly speaking, The Cellar Trust's services are split into three areas: employment services provided by the Pathways to Employment Team, crisis and specialist support delivered by Haven and low intensity psychological support delivered via My Wellbeing College.

#### Pathways to Employment

The Pathways to Employment team provide tailored support to people with mental health problems to help them gain and retain paid work, work experience, voluntary work and education. The team does this by delivering three distinct services; Vocational Recovery, STEPs into Employment and the Retention Service.

#### Haven

Haven is The Cellar Trust's award winning mental health crisis support service. It runs from 10am to 6pm, 365 days a year. Haven is designed to help people in crisis stay safe, work through and understand their feelings, and help them to access the support they need going forward, all in a non-clinical, supported environment. The service focuses on peer support as well as other interventions in order to do this.

#### MyWellbeing College

- Enrolment Team - We have a number of Peer Support Workers based with the Enrolment Team at Lynfield Mount Hospital delivering assessments for clients who have been referred or have self-referred. This is a service run in partnership with Bradford District Care Foundation Trust (BDCFT).
- Telehealth - MyWellbeing College and The Cellar Trust have partnered up to extend their support and launch an innovative Telehealth service providing telephone and video conferencing based guided self-help using self-help workbooks. The service offers evening and weekend support at the other end of the telephone, with experienced wellbeing coaches on hand to give guidance and help to those in need.
- Stress Buster – Stress Buster is a 45 minute presentation we can deliver to any business or organisation which explains what stress is, gives strategies for coping with and managing it and how discusses how stress relates to mental health.

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### Working for the Cellar Trust

There aren't many people who can say that their job changes and saves lives. At The Cellar Trust we can. We are a small but growing local mental health charity based in Shipley and have been supporting people from Bradford, Airedale, Wharfedale and Craven for over 30 years. We deliver lots of brilliant services, to give people a helping hand with their mental health, but whatever your role is within the organisation you will have the chance to make your mark and see the impact of the work you are doing.

We already do great work (even if we do say so ourselves) but we always want to be better and that means that we constantly innovate and improve. We also have lots of exciting plans for the future so that we can deliver even better services, and reach more of the people who need us.

We want the Cellar Trust to be a great place to work which means that we understand the importance of work-life balance. 90% of our Cellar Trust team work part-time and most of our team also have flexible working arrangements, so whatever the role is, we are open to chatting about working patterns. We also want our team to flourish - so we are committed to you as an individual and helping you to learn, develop and grow along your career path.

We are looking for people who driven by values, passionate about mental health and want to use their skills and experience to help us to deliver exciting change. We are a values driven organisation; our values underpin everything that we do. They are about 'how' we do things and guide our behaviours and decisions. Our values are:

#### **Respect**

- We are all different but equal
- We value and respect each other
- We will not tolerate discrimination or stigmatisation

#### **Hope**

- We believe in individuals
- We don't give up
- We believe in brighter futures for all

#### **Dedication**

- We are passionate about our work go the extra mile
- We are committed to what we do and how we do it

#### **Continuous improvement**

- We build on strengths and believe things can always be better
- We promote independence
- We are relentless in our quest

#### **Partnership**

- We believe in great team work
- We believe in partnership and integration

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### What can we offer to you?

We think there are six big things which makes The Cellar Trust a great employer:

- **We change and save lives.** How many people can say that the work they do every day has this sort of impact? Whatever your role here you will see the direct contribution to what we do and the difference that that makes.
- **We are flexible.** We know life that work/life balance is essential so there are opportunities for flexible working hours.
- **We are a lovely team**.... even if we do say so ourselves. Have a look at our website for more on what our colleagues say about working here.
- **We invest in your success.** We are passionate about individuals and teams flourishing so we invest in ongoing personal and professional development, and look for opportunities for people to embrace their skills and passions.
- **We're innovators.** We believe in continuous improvement and are always looking for ways to be at the cutting edge of delivery – and everyone in our organisation has an opportunity to input into and drive that innovation.
- **We work in partnership.** When you work for The Cellar Trust you are part of our team, but we have strong partnerships with lots of other organisations from the NHS and local authority to other charities and businesses. That means that you will have a chance to get a broad range of experience.

For more information about our organisation and the work we do visit:

[www.thecellartrust.org](http://www.thecellartrust.org) and view our social media feeds: Facebook: [/TheCellarTrust](https://www.facebook.com/TheCellarTrust), Twitter: [@TheCellarTrust](https://twitter.com/TheCellarTrust)