

Woodwork & Horticulture

Skills-based & wellbeing programmes in West Yorkshire



The Cellar Trust has teamed up with Shipley College, Cliffe Castle, and Lynfield Mount to offer free woodwork & horticulture skills-based and wellbeing sessions across the region. These sessions are aimed at people possibly thinking of progressing onto further study, volunteering or getting into employment, as well as provide connection to nature, being outdoors and social interaction.

For further information or to register your interest, please call **01274 586474** or visit www.thecellartrust.org

Monday Shipley	Tuesday Shipley	Wednesday Keighley	Thursday Lynfield Mount
The Cellar Trust, Farfield Road, Shipley, BD18 4QP	The Cellar Trust, Farfield Road, Shipley, BD18 4QP	Cliffe Castle, Spring Gardens Lane, Keighley, BD20 6LH	**Inpatients only** Heights Lane, Bradford BD9 6DP
skills-based sessions 10am - 12.30pm	skills-based sessions 10am - 12.30pm	skills-based sessions 10am - 12.30pm	Wellbeing sessions 10am - 11.30am
Wellbeing sessions 1pm - 3.30pm	Wellbeing sessions 1pm - 3.30pm	Wellbeing sessions 1pm - 3.30pm	