

Our impact 2022-23

The
Cellar
Trust



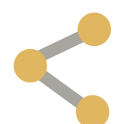
Support sessions available
365 days a year



11,813 people accessed our
services



24,500 support sessions
delivered



221 people trained in Peer
Support, Level 3



2,963 people learned new skills
to better manage their mental
health and support others

Including services delivered in partnership with other organisations



**After our clients accessed
our services:**



96% felt supported and
listened to



97% would recommend
us to others

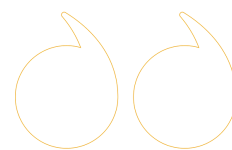


88% felt their well-being
improved



You cannot begin to
understand the relief your calls
give me, it's like I can breathe
again after suffocating for
such a long time.

■ Lorna, HOPE Client



Total Income £3,132,954

22% of total income distributed to local
VCSE organisations

29% of statutory income distributed to local
VCSE organisations



NHS Parliamentary Award Regional Winner for
Excellence in Emergency Care, July 2022



National Positive Practice in Peer Support Services
category of the Mental Health Awards, October 2022



GSK IMPACT Awards Winner, 2023



I would like to say a massive thank you
to [my therapist] for what she has done
for me in these last 6 weeks. The person
I was when I had my first session to
now, is completely different. I owe her
more than she could ever know.

■ Aisha, Trust Therapies Client



We welcomed and merged with two well established local organisations
(Bradford Counselling Services and Aire, Wharfe and Craven Counselling) to
create Trust Therapies.



We secured £3m from Shipley Towns Fund, part of the governments Levelling Up
the UK economy plan. Working in partnership with HALE we will redevelop our
Shipley site into a new health and well-being centre.



We transitioned from our multi-award-winning Haven crisis service, to a new,
collaborative all-age crisis service which is jointly led with Mind in Bradford
working with 9 other local charities.



We secured a new contract to establish our Reach service working as part of
Community Mental Health Teams in partnership with HALE, Project 6 and Touchstone.



We continued to extend our reach working with other partners; this year establishing a
new mini-Hub at Central Hall, Keighley as well as continuing to deliver in the hospitals,
GP surgeries, Community Mental Health Teams, Job Centres and with West Yorkshire
Police.



Our team increased from 72 to 84 (full time equivalent of 63 to 66) plus another 30
associate colleagues